

**All guests 18 and over must purchase Guest Passes:****M – F 8 a.m. to 3 p.m. at the CA OFFICE**
After hours and weekends FITNESS CENTER**CHILDREN HOURS: Children 3 – 17 Years****Outdoor Pool: 11 a.m. – 1 p.m.****3 p.m. – 5 p.m.****Indoor Pool:****3 p.m. – 5 p.m.****(Children utilize Lane 1 only during hours)****Extended hours for children during the following holidays:********* Memorial Day, July 4th and Labor Day *********Outdoor Pool 3 p.m. – Dusk**

- Water Volleyball Club meets Monday, Wednesday, and Friday 5 p.m. – 7 p.m.
- Lap swimming is not allowed when pool is crowded or when a club is using the area.
- **No children under the age of three (3).** No children's pools are allowed in pool area.
- Individuals with colostomy bags, open sores, **bandages**, diapers (child or adult), or wounds **NOT** permitted.
- People with health problems, using alcohol, narcotics or other drugs that cause drowsiness should not use pool or spa without first consulting a doctor.
- **Showers are required** before entering the water.
- **Shoulder-length hair must be confined** by effective means.
- **Swimwear only** with the exception of shirt cover ups. **No street clothes permitted in the pool at any time.**
- No lifeguard or Association representative on duty. All bathers use the pools at their own risk. The "Buddy System" is encouraged at all times.
- Please govern yourself. Neither the SCC Community Association nor its representatives accept responsibility for the behavior, conduct or any unfortunate accident at the pool facility.
- Adults need to govern their children at all times and must keep any eye on them for safety and adherence to all Rules & Regulations.
- Pool Attendants have authority to enforce Rules & Regulations. Non-compliance can lead to pool usage being restricted and/or denied.
- **Decisions made by the Association representative regarding the Pool Policy and Pool Rules will prevail on all issues including safety, sanitation, and decorum.**
- **Exit pools in the event of thunder and lighting.**
- No food or drink within four (4) feet from the pool(s) edge (except water in clear plastic containers only). No glass within entire pool area.
- Indoor & Outdoor Pool bathing capacity 74 persons.
- No animals allowed in pool area except for service animals.
- No floats or rafts allowed. **Foam noodles only**, maximum 3" in diameter. No throwing of any large objects.

Pools are for the use of Community Association Members and their guests. Please see pool schedule for specific club use.

POOL HOURS - Day	POOL HOURS - Location	POOL HOURS - Time
Monday	Indoor/Lap/Spa	6:00 AM – 7:30 PM
Tuesday	Indoor/Lap/Spa	6:00 AM – 9:00 PM
Wednesday	Indoor/Lap/Spa	6:00 AM – 7:30 PM
Thursday	Indoor/Lap/Spa	6:00 AM – 9:00 PM
Friday	Indoor/Lap/Spa	6:00 AM – 9:00 PM
Saturday	Indoor/Lap/Spa	6:00 AM – 9:00 PM
Sunday	Indoor/Lap/Spa	6:00 AM – 9:00 PM

DAY	LOCATION	TIME
Monday	Exercise/Walking	6:00 AM – 9:00 PM
Tuesday	Exercise/Walking	6:00 AM – 9:00 PM
Wednesday	Exercise/Walking	6:00 AM – 9:00 PM
Thursday	Exercise/Walking	6:00 AM – 9:00 PM
Friday	Exercise/Walking	6:00 AM – 9:00 PM
Saturday	Exercise/Walking	6:00 AM – 9:00 PM
Sunday	Exercise/Walking	6:00 AM – 9:00 PM



DAY	LOCATION	TIME
Monday – Sunday	Outdoor Pool and Spa	Sunrise to Sunset

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INDOOR LAP/OUTDOOR POOL

Special Times:

- Children 3-17 (when too cold or raining for swimming outside) may use 1st lanes from 3 p.m. – 5 p.m.
CHILDREN UNDER THREE (3) NOT PERMITTED.
- Water exercise, Aquasizers Club*, meets from 10 a.m. – 11 a.m. in shallow half of pool; every day except Sunday.
- Deep water exercise, Aquasizers Club*, meets from 9 a.m. – 10 a.m. in deep half of pool; Monday - Friday.
- Swim Dancers* meet Monday and Wednesday evening from 7 p.m. – 9 p.m. and from 7 a.m. – 9 a.m. on Friday morning. The pool and indoor spa are closed at this time.
- Master Swimmers* use the lap pool from 6 a.m. – 9 a.m. on Tuesday, Thursday, Saturday, and Sunday. The pools are closed to others at this time. When *Master Swimmers* finish early, the pool is available for others to use.
- Water Volleyball Club* uses the shallow half of the outdoor pool from 5 p.m. – 7 p.m. on Monday, Wednesday, and Friday.
- Only **foam noodles**, 3" maximum in diameter, are allowed in Indoor Lap Pool – LANE 1 ONLY. Floats/rafts are not allowed.
- Walking is not allowed when pool is crowded. Lap swimmers have priority in all lanes.
- Pool Open:
Monday - Sunday 6 a.m. – **NOTE:** Check Club hours for scheduled events.
- Pool Closed:
Monday and Wednesday will close to the public at 7:30 p.m.
Tuesday, Thursday, Friday, Saturday, Sunday 9 p.m.

EXERCISE POOL

Pool Open: Monday - Friday 6 a.m.
 Saturday and Sunday 6 a.m.

Arthritis classes meet at 1p.m. – 2 p.m. on Tuesday and Friday – Pool closed to public.

All Indoor Pools Close at 9 p.m.

SPA/INDOOR POOL

Open: Monday - Fridays 6 a.m.
 Saturday and Sunday 6 a.m.

Closed: Monday and Wednesday 7:30 p.m.
 Wednesday, when no *Swim Dancers*, pool is closed at 9 p.m.
 Tuesday, Thursday, and Saturday 9 p.m.

SPA/OUTDOOR POOL Monday – Sunday Sunrise to Sunset

No children are allowed in Exercise Pool, Indoor/Outdoor Spa, or Fitness Center

Fitness Center Hours: 6 a.m. – 8 p.m.

NO DIVING / RUNNING / JUMPING