



**All guests 18 and over must purchase Guest Passes: M – F 8am to 3pm at the CA OFFICE
After hours and Weekends FITNESS CENTER**

CHILDREN HOURS: Children 3 – 17 Years

Outdoor Pool: 11 AM – 1 PM

3 PM – 5 PM

Indoor Pool:

3 PM – 5 PM

(Children utilize Lane 1 only during hours)

Extended hours for children during the following holidays:

******* Memorial Day, July 4th and Labor Day *******

Outdoor Pool 3 PM – Dusk

- No children under the age of three (3)
- Individuals with Colostomy Bags, open sores, **bandages**, diapers (child or adult), or wounds **NOT** permitted.
- People with Health problems, using Alcohol, Narcotics or other Drugs that cause drowsiness should not use pool or spa without first consulting a doctor.
- **Showers are required** before entering the water.
- **Shoulder-length hair must be confined** by effective means.
- **Swimwear Only** with the exception of shirt cover ups. **No Street Clothes Permitted in the Pool at any time.**
- No lifeguard or Association representative on duty. All bathers use the pools at their own risk. The “Buddy System” is encouraged at all times.
- Please govern yourself. Neither the SCC Community Association nor its representatives accept responsibility for the behavior, conduct or any unfortunate accident at the pool facility.
- Adults need to govern their children at all times and must keep any eye on them for safety and adherence to all Rules & Regulations.
- Pool Attendants have authority to enforce Rules & Regulations. Non-compliance can lead to pool usage being restricted and/or denied.
- **Decisions made by the Association representative regarding the Pool Policy and Pool Rules will prevail on all issues including safety, sanitation and decorum.**
- No Food, Drink (except water in plastic container) or Glass in Pool or within four (4) feet from the pool(s) edge.
- Indoor & Outdoor Pool bathing capacity 74 persons.
- No Animals allowed in pool area except for service animals.
- No floats or rafts allowed. No throwing or tossing of any objects or pool toys.

Pools are for the use of Community Association Members and their guests. Please see pool schedule for specific club use.

POOL HOURS - Day	POOL HOURS - Location	POOL HOURS - Time
Monday	Indoor/Lap/Spa	6:00 AM – 7:30 PM
Tuesday	Indoor/Lap/Spa	6:00 AM – 9:00 PM
Wednesday	Indoor/Lap/Spa	6:00 AM – 7:30 PM
Thursday	Indoor/Lap/Spa	6:00 AM – 9:00 PM
Friday	Indoor/Lap/Spa	6:00 AM – 9:00 PM
Saturday	Indoor/Lap/Spa	6:00 AM – 9:00 PM
Sunday	Indoor/Lap/Spa	6:00 AM – 9:00 PM

DAY	LOCATION	TIME
Monday	Exercise/Walking	6:00 AM – 9:00 PM
Tuesday	Exercise/Walking	6:00 AM – 9:00 PM
Wednesday	Exercise/Walking	6:00 AM – 9:00 PM
Thursday	Exercise/Walking	6:00 AM – 9:00 PM
Friday	Exercise/Walking	6:00 AM – 9:00 PM
Saturday	Exercise/Walking	6:00 AM – 9:00 PM
Sunday	Exercise/Walking	6:00 AM – 9:00 PM

DAY	LOCATION	TIME
Monday – Sunday	Outdoor Pool and Spa	Sunrise to Sunset



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INDOOR LAP POOL

Special Times:

1. Children 3-17 (when too cold or raining for swimming outside) may use 1st lanes from 3pm – 5pm. CHILDREN UNDER THREE (3) NOT PERMITTED.
2. *Water exercise* is from 10am - 11am in shallow half of pool; every day except Sunday.
3. *Deep water exercise* is from 9am - 10am in deep half of pool; meets Monday - Friday.
4. *Swim Dancers* meet Monday and Wednesday evening from 7:30pm - 9pm and from 7am - 9am on Friday morning. The pool and indoor spa are closed at this time.
5. *Master Swimmers* use the lap pool from 6am - 9am on Tuesday, Thursday, Saturday and Sunday. The pools are closed to others at this time. When *Master Swimmers* finish early, the pool is available for others to use.
6. Only noodles are allowed in Indoor Lap Pool – LANE 1 ONLY. Floats/rafts are not allowed.
7. Pool Open:
Monday - Sunday 6am – **NOTE:** Check Club hours for scheduled events
8. Pool Closed:
Monday and Wednesday will close to the public at 7:30pm
Tuesday, Thursday, Friday, Saturday, Sunday 9pm

EXERCISE POOL

Pool Open: Monday - Friday 6am
Saturday and Sunday 6am

Arthritis classes meet at 1pm - 2pm on Tuesday and Friday – Pool closed to public.

All Indoor Pools Close at 9pm

SPA/INDOOR POOL

Open: Monday - Fridays 6am
Saturday and Sunday 6am

Closed: Monday and Wednesday 7:30pm
Wednesday, when no *Swim Dancers*, pool is closed at 9pm.
Tuesday, Thursday, and Saturday 9pm

SPA/OUTDOOR Monday - Sunday Sunrise to Sunset

No Children are allowed in Exercise Pool, Outdoor Spa or Fitness Center

Fitness Center Hours: 6 a.m. – 8 p.m. (Closed Thursday 1:00 – 2:15 p.m. for cleaning)